# Semantic priming by irrelevant speech

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#### Abstract

To-be-ignored, task-irrelevant speech disrupts serial recall performance relative to a quiet control condition. In most studies, the content of the auditory distractors had no effect on their disruptive potential, one's own name being one of the few exceptions. There are two possible explanations of this pattern: (1) Semantic features of the irrelevant speech are usually not processed, except for highly relevant auditory distractors, or (2) semantic processing of the irrelevant speech always occurs, but usually does not affect serial recall performance. To test these explanations, we presented to-be-ignored auditory distractor words drawn from different categories while participants memorized visual targets for serial recall. Afterwards, participants were invited to what they believed to be an unrelated norming study, in which they were required to spontaneously produce words from the categories from which the auditory distractor words were drawn. Previously ignored words were produced with a higher probability than words from a parallel, non-presented set, demonstrating that features of to-be-ignored, task-irrelevant speech that do not interfere with immediate serial recall performance are nevertheless processed semantically and may have substantial effects on subsequent behavior.

Keywords: working memory, attentional capture, semantic priming, short term memory

Word count: 3981 words

## Semantic priming by irrelevant speech

The processing of auditory information is unavoidable in a way that the processing of visual information is not. Unlike eyes, ears cannot be closed to block off unwanted input. On the one hand, this openness may have the advantage that important auditory stimuli (e.g., one's own name, the crying of a baby, a fire alarm) can be detected even in an unattended channel. On the other hand, it comes at the disadvantage of enhanced disruptability by task-irrelevant information. A classic example for such a disruption is the irrelevant speech effect on serial recall. In a typical experiment, participants recall a visually presented list of to-be-remembered items in their correct order. When task-irrelevant speech is played while the list is memorized, serial recall performance is reduced relative to a quiet control condition (Parmentier & Beaman, 2015; Röer, Bell & Buchner, 2014b, 2015; Schlittmeier, Weißgerber, Kerber, Fastl & Hellbrück, 2012). Usually the research focus lies on the detrimental aspects of the processing of irrelevant speech on cognitive performance (i.e. how much of the relevant information is lost). In the present study, we concentrate on the fate of the ignored information instead (i.e. how much of the irrelevant information is available).

The question of whether to-be-ignored speech is processed semantically has been addressed by researchers for over half a century (Broadbent, 1958; Deutsch & Deutsch, 1963). In many early experiments a dichotic listening task was used, in which participants are required to attend to a message presented to one ear while ignoring a second message presented to the other ear. Based on a literature review, Bentin, Kutas, and Hillyard (1995) suggested that the content of to-be-ignored speech is always processed to some extent, but whether or not it affects overt behavior depends on this processing surpassing a critical level. In line with such a view, recent evidence suggests that semantic processing of to-be-ignored speech in dichotic listening depends critically upon acoustic parameters such as the intensity of the irrelevant information (Aydelott, Jamaluddin & Nixon Pearce, 2015). It remains unclear, however, whether these findings from unimodal distraction paradigms can simply be generalized to cross-modal distraction paradigms. In irrelevant speech experiments, all auditory input must be ignored and it has been argued recently that in such a situation the auditory information can be efficiently blocked off at subcortical processing levels (cf. Guerreiro, Murphy & Van Gerven, 2010). Indeed, in most studies the content of the irrelevant speech had little or no effect on its potential to disrupt serial recall performance. It is a

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common finding, for example, that serial recall performance is unaffected by whether the irrelevant speech is played forward or backward (Jones, Miles & Page, 1990; Röer, Bell & Buchner, 2014a). The magnitude of the irrelevant speech effect is also independent of the degree of semantic similarity between items and distractors (Buchner, Irmen & Erdfelder, 1996; Marsh, Hughes & Jones, 2009). On the rare occasion that the semantic features of irrelevant speech did exacerbate interference—such as the own name compared to the name of a yoked-control partner (Röer, Bell & Buchner, 2013) and negatively valent words compared to neutral words (Buchner, Rothermund, Wentura & Mehl, 2004)—highly self-relevant or emotional stimuli were presented, which are known for their attention-grabbing potential.

With regard to the question of whether irrelevant speech is processed semantically, or not, there are at least two possible explanations of these results. One possibility is that the magnitude of interference may indicate to which degree semantic features of the irrelevant speech are processed in working memory. This would imply that for the most part the to-be-ignored material is not processed at a semantic level, except when attention-grabbing stimuli are presented such as one's own name. Indeed, one's own name appears to be a special case. Even during sleep the auditory presentation of one's own name triggers a differential brain response as compared to other names (Perrin, Garcia-Larrea, Mauguiere & Bastuji, 1999). This led Perrin et al. to speculate that one's own name can be detected without elaborated semantic processing because it has immediate access to long-term memory due to its self-related emotional content and excessive repetition along life. Larger disruption of serial recall by one's own name compared to the name of a yokedcontrol partner (Röer et al., 2013) may just be another example of this principle. An alternative explanation is that the distractor features that interfere with serial recall are not indicative of the level to which the auditory information is processed. It is possible that semantic processing of irrelevant speech always occurs, but that this processing usually does not cause interference with nonsemantic primary tasks such as serial recall.

The question of whether irrelevant speech is processed semantically has important implications for working memory models such as the interference-by-process account (Marsh et al., 2009) and the embedded-processes model (Cowan, 1995). According to the interference-byprocess account (Marsh, Hughes & Jones, 2008; Marsh et al., 2009), the irrelevant speech effect on serial recall is due to a conflict of relevant and irrelevant order information resulting from the obligatory processing of acoustic distractor features. The magnitude of disruption is solely determined by changes in the amplitude and frequency spectrum, semantic distractor features are only assumed to interfere with tasks that rely heavily on semantic processing. Two interpretations of this account are possible (Marsh, Röer, Bell & Buchner, 2014). First, it could be postulated that the content of the distractors is not processed unless the primary task stimulates semantic processing, which cannot be confined to the relevant material, and may "spill over" to the distractor material. Alternatively, the semantic content of the distractors may always be processed, but this processing may not affect task performance unless the primary task relies on semantic processing. As yet, it is unclear which of the two interpretations is correct.

According to the embedded-processes model (Cowan, 1995) irrelevant speech disrupts serial recall because it elicits an orienting response that draws attentional resources away from the maintenance of the target item list. Two types of stimuli are assumed to particularly capture attention: (1) unexpected stimuli and (2) highly significant stimuli. The strength of the embeddedprocesses model is that it can readily explain larger irrelevant speech effects for highly significant stimuli such as one's own name or negatively valent words. It is unclear, however, whether all stimuli are processed semantically in order to determine their significance, or not. In fact, Cowan (1995) states that "all incoming stimulation makes contact with long-term memory and activates some of the relevant features, but it is not yet certain if this includes semantic features" (p. 141). It could therefore be that semantic processing is limited to stimuli that capture a critical level of attention from the outset due to their non-semantic features. For instance, the acoustic pattern of one's own name should be extremely familiar, which may suffice to capture that critical level of attention. Although the embedded-processes model is, in principle, compatible with semantic processing of distractor features, it does not directly predict that semantic processing occurs in cross-modal paradigms in which the distractors can be easily filtered out based on their physical features.

Thus, it is an open empirical question whether to-be-ignored, irrelevant speech is processed semantically, or not. The present study was designed to close this empirical gap with a direct assessment of semantic activation. In order to determine whether irrelevant speech is processed semantically, we presented auditory distractor words which (unbeknownst to the participants) were drawn from different semantic categories (e.g., musical instrument, four-legged animal, type of fruit). In a subsequent and seemingly unrelated "norming study" we asked our participants to spontaneously produce exemplars from these categories. A higher probability of producing previously ignored words would be evidence of the aftereffects of prior semantic processing, that is, of semantic priming.

## Experiment 1

## Method

#### Participants

Ninety Heinrich Heine University students (59 women) were paid for participating or received course credit. Their ages ranged from 18 to 37 years (M = 24.2, SD = 4.7). All participants were fluent German speakers and reported normal hearing and normal or corrected-to-normal vision.

#### Materials

For each trial, eight to-be-remembered digits were sampled randomly without replacement from the set {1, 2, ..., 9}. The digits were presented in black at a rate of 1 digit per second (800ms on, 200ms off) in 72 point Monaco font on a white background in the centre of the computer screen.

Each irrelevant speech sequence consisted of eight distractor words that were drawn from a single semantic category taken from the Mannhaupt (1983) norms. There were eight distractor trials in each of which a different semantic category was used. For each category, two different sets of words were created with the same mean production frequency. To avoid ceiling effects, we did not include the eight most frequently produced exemplars. The complete set of category-exemplars with production frequencies is listed in the supplemental material.

Auditory distractors were recorded using Apple's text-to-speech software that is part of Mac OS X 10.11. They were spoken by the female computer voice "Anna", and were digitally recorded at 16 bit, 44.1 kHz. The irrelevant speech sequences lasted 8 seconds with a rate of approximately 1 distractor per second. All sounds were presented binaurally at about 60 dB(A).

#### Procedure

Participants wore headphones with high-insulation hearing protection covers which were plugged directly into an Apple iMac computer. Standard written instructions informed the participants that any sound would be task-irrelevant and should be ignored.

In the first part of the experiment, participants completed 24 serial recall trials. The training phase consisted of eight quiet trials to familiarize participants with the task. The experimental phase consisted of eight trials in each of the two sound conditions (quiet, irrelevant speech), which were presented in random order. Participants were randomly assigned to one of the two distractor set groups. One group ignored distractors from Set 1, the other ignored distractors from Set 2. Irrelevant speech was only played during item presentation. Immediately after each trial, participants recalled the digits in the order of their presentation using the keyboard's number pad. Digits at a particular serial position could be omitted by pressing a "don't know" button. There was no possibility to correct a prior entry. Feedback was given after each trial. The first part of the study took approximately 14 min to complete.

After participants had left their cubicle, we asked them whether they wanted to take part in what they believed to be an unrelated norming study. To cover up that this was actually the second part of the experiment, participants filled out a separate form of consent, and were asked once again for their personal data. Responses were also collected on a different medium (paper). Participants were required to spontaneously produce exemplars from the same categories from which the auditory distractors were drawn. Written instructions informed the participants that they should answer with the first category-exemplars that came to mind. For each category, there was a separate sheet, which had eight blank boxes on it. Participants were instructed to fill out each of these boxes, one after another (i.e., the first category-exemplar should be written in the first box, the second exemplar in the second box, and so on). Once eight category-exemplars had been produced, participants turned over the paper and proceeded with the next category. The order of categories was counterbalanced across participants. The second part of the study took approximately 10 min to complete.

The experimenter was instructed to write down if a participant reported suspicions that the serial recall task and the category-exemplar production test were part of the same experiment.

#### Design

A within-subject design was used with distractor set (Set 1, Set 2) as the independent variable and number of category-exemplars produced as the dependent variable. A higher production frequency for "old" words (i.e., previously ignored category-exemplars) compared with the production frequency for "new" exemplars (i.e., category-exemplars from the other set) would be evidence for semantic priming by irrelevant speech. Thus, the critical test is whether old category-exemplars are produced with a higher probability than new category-exemplars, which is a one-tailed test problem. Given a total sample size of N = 90 and  $\alpha = \beta = .05$ , a semantic priming effect of size  $d_z = 0.35$  could be detected (Faul, Erdfelder, Lang & Buchner, 2007).

## Results

Four participants reported noticing that the serial recall task and the category-exemplar production test were part of the same experiment. This had no effect on the statistical results, which is why we decided to include the data from these participants in our analyses.

*Serial recall task.* Responses in the serial recall task were only scored correct when the digits were reproduced at the exact serial position at which they had been presented. The typical irrelevant speech effect was observed. Participants made more errors in serial recall when auditory distractors were played as compared to the quiet condition, F(1,88) = 83.28, p < .001,  $\eta_p^2 = .49$ . There was no effect of distractor set, F(1,88) = 0.01, p = .945,  $\eta_p^2 < .01$ , and, most importantly, no interaction of sound condition and distractor set, F(1,88) = 0.85, p = .360,  $\eta_p^2 = .01$ . Serial recall performance is listed in Table 1.

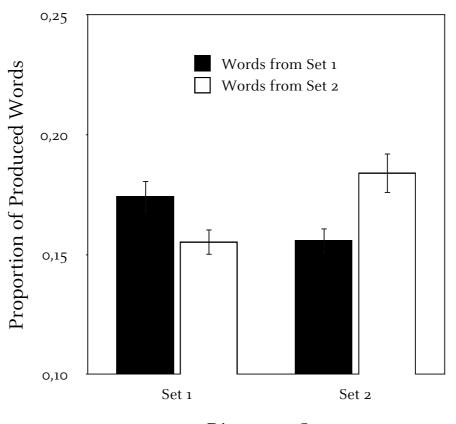
	Set 1		Set 2	
-	М	SEM	М	SEM
Quiet	0.75	0.02	0.77	0.02
Irrelevant Speech	0.63	0.03	0.62	0.03

Table 1: Serial recall performance as a function of distractor set (Set 1, Set 2) and sound condition (quiet, irrelevant speech) in Experiment 1.

*Category-exemplar production test.* As expected, dominant category-exemplars according to the Mannhaupt (1983) norms (i.e., the eight most frequently produced category-exemplars) were produced with a higher probability than category-exemplars from Set 1, t(89) = 32.90, p < .001,  $\eta_p^2 = .92$ , and from Set 2, t(89) = 28.51, p < .001,  $\eta_p^2 = .90$ . There was no difference in the overall production frequencies for category-exemplars from Set 1 and Set 2, t(89) = -0.60, p = .549,  $\eta_p^2 < .01$ .

The critical question was whether the production frequency would be higher for categoryexemplars from the previously ignored distractor set than for category-exemplars from the control set. That is, we examined whether participants who had previously ignored distractors from Set 1 would produce more category-exemplars from Set 1 than from Set 2 and vice versa. Across both groups, participants indeed produced category-exemplars from the previously ignored set with a higher probability than category-exemplars from the control set, t(89) = 3.33, p = .001,  $\eta_p^2$ = .11. Separate analyses for both distractor sets confirmed this pattern of results (Figure 2). Participants who had ignored category-exemplars from Set 1 produced more exemplars from Set 1 than from Set 2, t(44) = 2.17, p = .035,  $\eta_p^2 = .10$ , and those who had ignored category-exemplars from Set 2 produced more exemplars from Set 2 than from Set 1, t(44) = 2.51, p = .016,  $\eta_p^2 = .13$ .

The priming score was  $P_c = .023$ . The score was calculated as the proportion of ignored exemplars produced minus the base rate of producing these exemplars without prior exposure (the base rate for Set 1 was obtained from the production frequencies of participants who had ignored category-exemplars from distractor Set 2, and vice versa). This is equivalent to a 15% higher probability to produce a word that was previously presented as an auditory distractor compared to the base value of producing the same word if it was not presented before.





*Figure 1*: Proportion of words from Set 1 and Set 2 that were written down in the category-exemplar production test as a function of distractor set (Set 1, Set 2). The error bars depict the standard errors of the means.

Although the mean production frequency was higher for category-exemplars from the previously ignored sets than for those from the control sets, there was no difference in the mean output position when category-exemplars from the ignored sets were compared with categoryexemplars from the control sets, t(89) = 0.55, p = .586,  $\eta_p^2 < .01$ .

## Experiment 2

Although we used the same procedure and materials as in studies in which the content of the auditory distractors had no effect on serial recall performance (Marsh et al., 2008; 2009), there may be a remote possibility that the semantic content of the irrelevant speech had captured attention for unknown reasons. To make sure that this was not the case, we ran a second experiment in which we directly compared the disruptive effect of the irrelevant speech sequences used

in Experiment 1 with a control condition in which the semantic processing of the distractor material was not possible.

## Method

#### Participants

Ninety Heinrich Heine University students (71 women) were paid for participating or received course credit. Their ages ranged from 18 to 38 years (M = 23.6, SD = 4.6) All participants were fluent German speakers and reported normal hearing and normal or corrected-to-normal vision.

#### Materials, Procedure, and Design

The serial recall task was the same as that of Experiment 1. There were three sound conditions, (1) a quiet control condition, (2) a forward irrelevant speech condition in which the stimuli from Set 1 used in Experiment 1 were played forward, and (3) a backward irrelevant speech condition in which the stimuli from Set 1 used in Experiment 1 were played backward. The experiment took approximately 20 min to complete.

## Results

The typical effect of irrelevant speech on serial recall performance was observed, that is, participants made more errors in the two distractor conditions relative to the quiet control condition, F(1,89) = 122.16, p < .001,  $\eta_p^2 = .58$ . Most importantly, the disruptive effect of speech played forward was not different from that of speech played backward, F(1,89) = 0.03, p = .597,  $\eta_p^2 < .01$ . Serial recall performance is listed in Table 2.

Table 2: Serial recall performance as a function of sound condition (quiet, forward irrelevant speech, backward irrelevant speech) in Experiment 2.

	М	SEM
Quiet	0.74	0.02
Forward Irrelevant Speech	0.61	0.02
Backward Irrelevant Speech	0.61	0.01

### Discussion

In Experiment 1, previously ignored words were produced with a higher probability in the category-exemplar production test than words that were not presented in the experiment, which is evidence of semantic priming by irrelevant speech. From the outset it was unclear whether there would be semantic priming because in most studies the content of the auditory distractors had little or no effect on their potential to disrupt serial recall performance (Buchner et al., 1996; Marsh et al., 2009). Experiment 2 once again confirms that irrelevant speech played forward is no more disruptive than irrelevant speech played backward, which cannot be processed semantically. Thus, a lack of interference does not seem to imply that the content of the distractor words is not processed. On the contrary, Experiment 1 demonstrates that features of the irrelevant speech that have been shown not to interfere with ongoing performance may nonetheless have a significant effect on overt behavior in a subsequent task.

According to the interference-by-process account (Marsh et al., 2008; 2009), the content of irrelevant speech is only assumed to interfere with tasks that rely heavily on semantic processing. Thus far, it was unclear whether semantic distractor features are simply not processed unless semantic processing of the relevant material "spills over" to the processing of the distractor material or whether they are always processed, but do not interfere with nonsemantic primary tasks such as serial recall. The present results clarify that semantic features of irrelevant speech are indeed processed even in the absence of an effect on serial recall performance. Thus, it seems possible to conclude that auditory distractors are always processed semantically to some extent, but that it only causes interference if the nature of the primary task necessitates semantic processing as well (Marsh et al., 2008; 2009). Note, however, that the semantic content of the auditory distractors may capture attention away from the primary task if the sound is of particular significance for the individual (e.g., Röer et al., 2013).

While the embedded-processes model (Cowan, 1995) readily predicts attentional capture by significant stimuli, it does not yield a clear prediction of whether semantic processing should be limited to these type of stimuli or whether all stimuli must be processed semantically in order to determine their significance. The present results indicate that irrelevant speech is always processed semantically to some extent, however, the semantic processing does not, in itself, capture and hold attention unless the stimulus is highly self-relevant (Röer et al., 2013) or emotionally

salient (Buchner et al., 2004). Against the backdrop of this model, the semantic processing of the distractors could thus be conceptualized as an adaptive feature of the cognitive system that enables the detection of potentially important (e.g., self-relevant) stimuli in an unattended channel.

In sum, the findings presented here provide new insights into the fate of ignored information in memory. Although the content of irrelevant speech is often of no significance to the disruption of working memory performance, it still may have a substantial effect on subsequent behavior, suggesting that semantic priming effects are a more sensitive measure of the degree to which irrelevant auditory information is processed than errors in serial recall. This has also practical implications, in that not only acoustical features must be considered when aiming to minimize the influence of auditory distractors on cognitive performance, but also their intelligibility: A lack of interference with ongoing activity does not imply that the content of irrelevant speech has no effect on a subsequent task.

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# Supplemental material

Categories and category-exemplars used in the study with production frequencies (f) according to the Mannhaupt (1983) norms.

	Туре ој	f vegetable		
	Set 1	f	Set 2	f
	salad	57	kale	56
	spinach	47	cucumber	55
	potato	44	Brussels sprout	35
	asparagus	41	savoy	32
	pepper	30	leek	31
	onion	20	radish	27
	corn	12	eggplant	17
	sauerkraut	10	broccoli	8
Mean frequency		32.625		32.625
	Musical	instrumen	t	
	Set 1	f	Set 2	f
	drum	64	cello	60
	oboe	54	trombone	57
	harp	48	cross flute	47
	kettledrum	45	viola	46
	clarinet	34	saxophone	37
	triangle	27	harmonica	28
	tuba	27	bugle	25
	contrabass	22	bassoon	21
Mean frequency		40.125		40.125

	Four-l	egged anin	nal	
	Set 1	f	Set 2	f
	mouse	61	tiger	55
	rat	42	sheep	45
	deer	30	giraffe	40
	goat	29	zebra	32
	hare	28	camel	27
	rabbit	27	monkey	26
	bear	24	rhinoceros	22
	wolf	19	fox	13
Mean frequency		32.5		32.5
	Ту	pe of fruit		
	Set 1	f	Set 2	f
	lemon	70	pineapple	55
	tangerine	47	kiwi fruit	54
	grapefruit	40	gooseberry	40
	apricot	40	raspberry	40
	grape	34	melon	35
	mango	21	currant	33
	blackberry	24	fig	17
	nectarine	11	mirabelle	13
Mean frequency		35.875		35. <sup>8</sup> 75

	Ty	pe of sport		
	Set 1	f	Set 2	f
	yachting	55	boxing	48
	track and field	40	gymnastics	40
	rowing	35	skiing	34
	hockey	31	dancing	29
	wrestling	27	judo	25
	long jump	24	surfing	22
	ice hockey	13	diving	20
	rugby	8	jogging	15
Mean frequency		29.125		29.125
	Part	of the bod	у	
	Set 1	f	Set 2	f
	ear	106	eye	99
	belly	77	neck	76
	chest	60	mouth	69
	back	51	knee	57
	hair	28	elbow	27
	heart	22	shoulder	23
	liver	20	stomach	13
	brain	5	bowel	5
Mean frequency		46.125		46.125

	Pie	ce of clothin	ng	
	Set 1	f	Set 2	f
	dress	76	hat	75
	underpants	63	socks	68
	undershirt	62	cap	56
	T-shirt	49	scarf	54
	gloves	48	bra	42
	suit	27	vest	29
	tie	26	boots	23
	tights	10	jeans	14
Mean frequency		45.125		45.125
		Insect		
	Set 1	f	Set 2	f
	hornet	46	dragonfly	42
	maybug	24	flea	22
	grasshopper	20	caterpillar	20
	ladybird	18	louse	17
	mosquito	16	moth	15
	bedbug	10	horse fly	13
	cricket	7	water bug	12
	cockroach	4	earthworm	4
Mean frequency		18.125		18.125